REGULATIONS GOVERNING THE BEHAVIOUR
AT OLYMPIC GAMES AND CHAMPIONSHIPS

CODE OF BEHAVIOUR

Among the conditions required to ensure success for international events and competitions, and in order to provide our sport with the audience and the reputation it deserves, good organisation and regulations which are respected are vital, but so is a third element which consists of the behaviour of all the participants at all levels. This, in a framework of discipline and fair-play, contribute to give our sport its noble reputation in the eyes of the public.

- 1. The FILA constitution bans all leaders, officials, wrestlers, etc from demonstrating their political, racial or religious convictions, or their beliefs that are irrelevant to the FILA's aims during competitions, courses, seminars and other events. They must respect the FILA Rules and Regulations at all times.
- 2. All the members of the FILA affiliated Federations agree to behave in a dignified and respectful manner to all the FILA Bureau members and accept all their decisions, rules and FILA Regulations in their entirety.
- 3. Any member of an affiliated Federation who does not respect these regulations will be subject to a disciplinary measure as follows:
 - Verbal warning
 - Written warning with fine
 - Suspension for a period of 1-3 years
 - Life ban

In addition, while appreciating each other's differences, every participant at a wrestling event must follow the behaviour rules set out here which are based on FILA's legal and regulatory texts concerning the development and practice of wrestling. We would like to remind you all, wrestlers, coaches, referees, team leaders that it is formally forbidden during competitions:

- To take part in any discussion or demonstration of a political, religious, social or racial matter or on any subject irrelevant to the aims of the FILA.

They must respect the FILA Rules and Regulations in their entirety.

I. WRESTLERS

- Any wrestler who is not competing on the mat will take their seat in the area reserved for them. They will not come near the mat, nor will they enter the space reserved for working officials.
- Wrestlers can warm up in the room set aside for this purpose and not around the mats.
- As they leave the changing rooms, wrestlers enter the hall and walk on to the mat with their coach.
- Wrestlers will already be wearing their one-piece wrestling suit. Wrestlers can wear a ¾ style gown on top. Nothing else can be added to this clothing. Wrestlers cannot undress in front of the spectators.
- Every wrestler must respect the competition rules.
- Once the bout is over, wrestlers will not lower their straps. They will wait, in their suit, correctly dressed, for the winner to be declared.
- Before and after the bout, wrestlers shake hands. They also shake the referee's hand.
- When a bout is interrupted, the wrestler must neither lie down nor crouch on the mat but must remain standing in the neutral corner (neither red nor blue); during the break the wrestler may sit on a chair.
- The injured wrestler may lie on the edge of the mat while being treated by a doctor.
- The wrestler must leave the mat with their coach and return to the changing rooms.

- When the winner is being announced, the wrestlers for the following bout can enter the hall with their coaches.
- At the end of the bout, after the results have been declared, one or both wrestlers can be invited by the doctor to undergo an anti-doping test. Compliance with this measure is obligatory, the wrestler cannot refuse.

A wrestler who refuses to undergo the anti-doping test will be regarded as being positive, will be disqualified from the competition and will not be placed, notwithstanding the sanctions which will be imposed subsequently by the Disciplinary Council.

- During the bout or at the end of a bout, a wrestler cannot oppose the referee's decision. Any wrestler who does so will be sanctioned. Only the team leader of the wrestler concerned can place a protest following the procedure and in the precise case laid down in the regulations.
- A wrestler who refuses to continue the competition or to step on to the podium will be disqualified from the competition and will not be placed.
- A wrestler participates freely in competitions of their own free will.
- A wrestler in a competition represents more than themselves, they represent their country and their Federation towards which they have certain obligations of recognition and pride which must be evident throughout their travelling and the competition. These are the wrestler's ethics.
- When the medals are distributed, the four top placed wrestlers must step on to the podium clean, with tidy hair and wearing a tracksuit in their national colours.
- During the closing banquet, the wrestlers invited to this evening in their honour must wear formal dress (suit, shirt and tie) or their national costume.
- Any wrestler who does not conform to the above dress-code will not be allowed to enter the reception.

In addition, wrestlers participating at the banquet must show a certain degree of discipline during the speeches of thanks towards the organisers and those congratulating the wrestlers for their performances.

- At the hotel, wrestlers must behave impeccably wherever they are. They must ensure that the fixtures and fittings of their hotel room remain in the condition they were when the wrestlers arrived. Hotel towels must not be taken away from the hotel room.

Any infraction of these recommendations that harm the honour and dignity of the FILA and the sport of wrestling shall be sanctioned heavily. Any behaviour which goes against the above recommendations could be considered as a disciplinary act and be submitted to the FILA Disciplinary Commission for their decision.

II. COACHES

- The coach and the masseur who enter the hall must do so wearing tracksuits. No improvised clothing will be allowed. Shorts are not accepted.
- Delegated referees for the competition are not allowed to act as coaches or any other function other than that of delegation leader.
- The coach and the masseur are only allowed to carry a towel and water provided by the organiser.
- The coach and the masseur, during the bout, will sit in the seats reserved for them and instruct their wrestler, but cannot contest or influence the decisions of the referee, the judge or the mat chairman.
- Once the bout is over, the coach and the masseur leave the hall, with their wrestler.
- The coach does not have the right to discuss with referees.
- The coach and the masseur can treat the wrestler at the edge of the mat when invited to do so by the referee.

- If several wrestlers of the same nationality are competing simultaneously, an active wrestler may take on the role of coach, but will have to respect the requirements in their entirety, even those concerning dress.

It is strictly forbidden for a coach to manifest publicly, either alone or in a group, their disapproval or unhappiness for whatever reason concerning refereeing or regulationary decisions, or particular decisions made by the FILA.

Protests have to be in writing and submitted to the FILA Bureau who will examine it and give its decision.

It is strictly forbidden for coaches to drink alcohol.

Any infringement of these regulations and the regulatory procedures which are included in it will lead to severe sanctions imposed on those at fault, leading to a life-ban.

In accordance with the regulations governing coach's behaviour during a competition, any behaviour which does not adhere to the above will be regarded as a disciplinary infringement and will obligatorily lead to sanctions.

III. REFEREES

Referees are neutral individuals, carrying out a public duty and who cannot undertake duties other than those of referee.

- The referee must be dressed correctly in grey trousers, navy blue blazer, light blue shirt and yellow FILA tie. The referee must wear slippers or espadrilles and wear the FILA badge, as well as number
- The referee sits in the area reserved for this function, behind the mat chairman. Referees are not allowed to walk around the hall.
- Judges are strictly banned from calling instructions to wrestlers from these seats.
- The referee walks on to the mat before the wrestler.
- At the beginning and the end of the bout, the referee shakes hands with the wrestlers.
- Judges and referees cannot discuss between themselves after the bout.
- Judges do not have the right to walk on to the mat, nor to hit the table. They intervene by lifting the palette.
- When the mat chairman consults the judge and the referee the other referees must not gather around the mat chairman's table, unless they are invited to do so.
- They only leave the hall once the daily consultation with the mat chairman and the refereeing commission is over.

In addition, referees must take part in the ceremony when the winners are declared by remaining in their seats until the end of the championship's closing ceremony.

Any referee who leaves before the end of the ceremony without a valid reason or authorisation will be punished.

Any behaviour which infringes the above will be considered as a disciplinary infringement. Sanctions will be taken during the competition and the referee who has infringed the disciplinary code could be demoted to a lower category.

Moreover, referees to agree to work in a competition must be in perfect physical health.

At the request of the FILA President or their representative, a medical examination can be undertaken by the FILA medical service.

Any individual who contests this examination will be immediately eliminated from the competition.

Moreover, it is strictly forbidden for referees to drink alcohol during a competition. Any infringement by a FILA referee which harms the ethics of our sport and the FILA's dignity will be severely sanctioned. The sanction can be as much as a life-ban.

IV. MAT CHAIRMEN

- They run the bout from their seat.
- They never give points first, always last.
- They must not draw the referee's attention to an irregularity by hitting the table, but by throwing a synthetic object on to the mat.
- Contentious matters are resolved in consultation with the referees who are invited to the mat chairman's table.
- The mat chairman must note all the irregularities and, after each bout, must consult with the referees working the same mat and make any comments which are necessary.
- The mat chairman has the same dress code as the referees.
- The mat chairman, at the end of the bout, informs the referee who the winner is.

V. MEDICAL SERVICE

- Team doctors remain in the seats reserved for them and must not walk around the hall.
- They can accompany the wrestler, with the coach, to the edge of the mat. In this case, the masseur will not be accepted (2 people maximum are authorised to accompany the wrestler).
- Doctors and medical staff cannot approach the mat unless they are asked to do so by the referee.
- Apart from the doctors nominated for the competition, treatment can be given by the wrestler's team doctor.
- The final decision concerning whether an injured wrestler can continue with the competition will be taken by a FILA accredited doctor.
- Only one person (the coach, masseur or doctor) from the injured wrestler's team can assist the doctor nominated for the competition.
- The doctor cannot give instructions to the wrestler during the bout; the doctor's voice cannot be heard.

Infringement of these requirements will lead to sanctions being imposed.

VI. PHOTOGRAPHERS AND CAMERAMEN

- Their activity is limited to the area reserved for them.
- They are not permitted to interfere with the work of the jury, the FILA's Refereeing Commission or the FILA Bureau.
- Photographers and cameramen at the edge of the mats are not allowed to give instructions to wrestlers.
- Photographers are not allowed to discuss with referees or officials.

Sanctions will be taken if these rules are not followed, consisting of a warning or expulsion from the area set aside for photographers.

VII. TEAM LEADERS

- Organisers are required to reserve seats for team leaders.
- Team leaders must not sit around the mat.

Team leaders are requested to inform their competitors, referees and coaches about these rules concerning their behaviour during competitions.

National Federations are responsible to the FILA for ensuring that their members follow these rules. All infringements will be punished.

VIII. FILA BUREAU MEMBERS

Bureau members are the highest elected FILA dignitaries. Their function is permanent in the world wrestling organisation. They must be a permanent example of morality and dignity. By their behaviour, dress and language they must be courteous and understanding. They must never make a decision which goes against the FILA constitution, rules and regulations. Any matter which is not included in the texts must be the studied by the FILA Bureau.

Members of the Bureau must place the interests of the FILA and of wrestling above their own interests or those of their National Federation, which they do not represent.

They cannot use the FILA's reputation or authority which they represent for commercial or private means. They must respect the confidentiality of discussions and decisions, property and information of the FILA.

IX. DISCIPLINARY PROCEDURE

All FILA affiliated National Federations, all FILA members (members of the Bureau, wrestlers, coaches, referees, doctors, medical auxiliaries, leaders) agree through their adhesion to only appeal in sporting conflicts to the FILA, at the first instance to the CIAS and then to the TAS to appeal further.

The FILA in matters concerning refereeing does not recognise the state jurisdiction of individual countries.

The FILA will ensure sanctions are imposed on one of its members by using all appropriate means.

Moreover, to ensure the moral and personal integrity of wrestlers, referees, coaches, leaders, National Federations as well as FILA Bureau members, before any sanction is imposed, legal proceedings will be opened to ensure the defendant can explain the circumstances surrounding the facts concerned.

While the FILA Bureau is responsible for hearing any complaint from a wrestler, coach, referee or leader, according to the procedure laid down in the regulations, any individual or group demonstration is strictly forbidden.

Disciplinary procedures will be begun against anyone who contravenes these regulations.